

Collaborative Divorce – Your Goals Matter

Collaborative Divorce is about creating solutions that reflect what matters most to you.

Unlike a traditional legal battle, this process invites you to think about your true goals – what you want your life and your family's life to look like after this transition.

We begin the process by helping each person identify what really matters – not just what you want to "get" in the divorce, but the deeper why behind those wants. These goals help guide every conversation, decision, and compromise along the way.

What is a "Goal" in This Context?

A goal in collaborative divorce reflects a value or a hope for the future – not simply a concrete demand.

- ❌ "I want the house." → ✅ "I want to feel financially secure and stable."
- ❌ "I want full custody." → ✅ "I want to stay connected to my children's daily lives."

Your goals might relate to your:

- Relationship with your children
- Financial stability
- Emotional well-being
- Co-parenting dynamic
- Future lifestyle
- Family culture and traditions

Take a Moment

Here are a few reflection prompts. You don't have to answer all of them. Just use them to get in touch with what's truly important to you.

- What do I want life to look like one year from now?
- What kind of relationship do I hope to have with my children?
- What values do I want to model during this process?
- What do I need in order to feel secure and respected?
- How do I want to communicate with my co-parent going forward?

How This Helps

When you know what your real goals are, you can:

- Stay focused when conversations get difficult
- Let go of smaller issues in service of bigger values
- Create a future that reflects your deeper priorities – not just your current fears

We'll revisit your goals regularly during the process. You're allowed to refine them as things unfold.

Remember: These are your goals. We'll help you hold them as your north star through the process.